

WYPS NEWS

2nd August 2018

Across Oliver's desk

Dear Parents,

There was a real buzz in the air at the school last week as students that were successful with their production auditions began to get excited and learn lines. Teachers have also started to rehearse their class songs this week. I love walking down the corridors and hearing students singing, it's such a great time of year.

Casey Wright

Last week we were lucky enough to have Casey Wright come and speak to our 3-6 students. Casey grew up in the Yarra Valley went to a local school and had a passion for skiing. This year she went to the winter Olympics in South Korea and represented Australia in cross country skiing. Her talk to our students was inspirational.



Transition

Last week we had our third transition session for 2019 preps. We had 42 children come and enjoy our school. Miss Greig and Miss Conway took them through some really fun and engaging activities, lots of fun was had. As I spoke about in the last newsletter we are already starting to plan for 2019. If you know of any parents that wish to enrol for 2019 please encourage them to do so ASAP as I do not want to disappoint anyone. We did have some families this year that tried to enrol late and we had to unfortunately could not accommodate them due to class sizes.



IMPORTANT DATES

2018

Thursday 2nd August

1/2's Healesville Sanctuary

Friday 3rd August

5/6's Ski Trip

Wednesday 8th August

Free Dress Day for St. Vinnies

Food Drive

Wednesday 8th August

Rotary Speaking Competition

Tuesday 14th - Friday 17th

August

Life Ed Van

Friday 17th August

Breakfast with Harold

Wednesday 22nd August

Poetry Celebration

Thursday 30th August

Fathers Day Stall

Friday 31st August

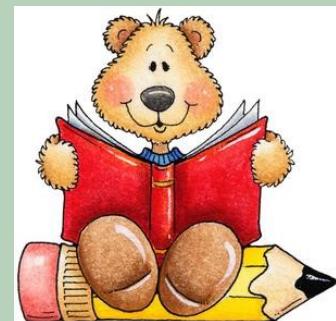
Preps to Chesterfield Farm

**IT'S NOT OK
TO BE AWAY**

Continued

Gratitude

At assembly Alex spoke about random acts of kindness which made me think of the importance of giving and gratitude. Gratitude is one of the three pillars of happiness along with empathy and mindfulness. I know I'm extremely grateful for the wonderful and generous community that we have here at Woori Yallock Primary School. Great examples of this are simply everywhere in our school. From the many dedicated parents who give time to help out in classrooms, to our awesome PFA members who so generously give their time, skills and knowledge. In addition to this we are blessed with an outstanding school council who work so hard to support our school improvement agenda. Add to this great teachers and staff as well as fantastic students. I hear stories all the time about other schools and their problems. I'm just so lucky to be at Woori.



Late Arrivals

I would like to point out that school commences at 9.00am and ALL students should be at school before this time so they are ready to start the day promptly. The yard is supervised from 8:45am, which gives the students a chance to reconnect with their friends before class starts and that means they are able to focus on their learning from the beginning of the school day.

Lateness can be more disruptive to a student's learning than absences. If students are late then they miss the instructions for the whole day. Lateness has a significant impact on student learning.



Friendship Tree

At the start of the year we had to remove the seat around our friendship tree because it had become old and had some sharp pieces that were dangerous. A lot of our students still use our friendship tree to meet other people that are looking for someone to play with. However, one of wonderful parents Jen Sadler and her husband Darren have volunteered to build a new seat around the tree. Like I said above we are so lucky to have so many parents that are invested in our wonderful school.

Working With Children Checks

A friendly reminder that all parent helpers (in the classroom, kitchen/garden program and those who attend excursions/camps as a parent helper) are required to obtain a volunteer working with children check card. Please bring it into the school office and you will be added to the, Working With Children Register. A huge thank-you to the parents who have already presented the school with their WWCC. It is easy to apply so please apply via the following link:

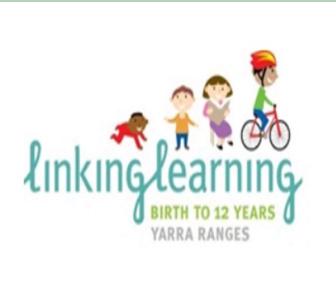
<http://www.workingwithchildren.vic.gov.au/home/applications/>

If you require any support to do this, please contact the office.

Have a great week!

And remember when life gets a little difficult, escape to the wonderful world of a book!

Oliver Thocklo
Principal



Supporting School Success!-Wellbeing Report

Term 3 Dates-

Woori Wallabies Playgroup – starting back 24th July

Tuesdays 1:30-3:00pm

Breakfast program Tuesday & Thursday — cooking room 8:15am onwards

Every Thursday 9-10am — Parent morning coffee in the staffroom

Interchange sibling club - Thursday 3:10-5:15pm



School Drop Off & Pick Up Safety Message

Our numbers are growing and so is the volume of traffic! Before and after school are busy times getting people safely in and out of the school. Please park in the dedicated parking areas and in particular, **please do not double park on the nature strip.** The Presbyterian church across from the school are happy for families to park and wait, and under Dawn's supervision families can cross the road safely using the school crossing. A reminder to everyone that the speed limit in the school speed zone during specified times from 8.00 - 9.30 am and 2.30 - 4.00 pm is 40 km/h. Each year we consistently have marked and unmarked police patrolling the stretch of road outside the school.

Lunches

We have some children complaining that they are starving at break times. If children are hungry this really impacts on their concentration, mood and their learning. When the weather is cold our bodies burn more energy to stay warm so please talk to your kids and adjust their lunchboxes accordingly. My advice is to always send extra food and then parents can monitor hunger levels and have conversations about nutrition.

Attendance

Fantastic news that parents are using COMPASS and I am pleased that parents are calling to explain absences. This really helps us as we are able to communicate effectively with all relevant staff early in the school day. Thanks everyone!

School Notices & Parent Consent forms

We have offered a number of outside events including sports days and our time is absorbed with chasing consent. Please return notices including all consent forms as soon as possible.

Medication

For children who need medication, our office ladies, Lani, Ellen and Libby or the teacher administer treatment. Parents need to bring medication before school to the office and complete a medication form.

Social Skills programs

We want all students to develop positive ways to interact with each other and form healthy relationships. We are offering social skills groups to a number of students across the school and we are implementing Play is the Way program into our classrooms. The more we talk about and discuss these skills, the more they become an automatic response and behaviour. Notices will be sent home to families for some selected social skills groups in Grade 1 and Grade 2 this week.

Tips for Parents!

- Staying calm and using a calm voice.
- Letting everyone share their opinions.
- Listening to everyone before making a decision.
- Telling others your ideas and how they are feeling.
- Trying to find a way to solve the problem by saying things like:
Let's try..., How about..., We could..., What if we...

Play is the Way Prep-Grade 6

'Play is the Way' is a practical program for teaching social and emotional learning using guided play, classroom activities and an empowering language – behaviour education using wisdom, not force.

Teachers will be using games as a vehicle for teaching social and emotional education. Each game is designed to challenge each child and help them develop values and social skills.

The program emphasises that more is learnt through failure than success. It is important to challenge children to the for them to learn persistence, resilience and courage. When children play the games in groups they learn collaboration, cooperation and group problem solving. They learn that they have a responsibility to the group and that their behaviour and actions impact on every member of the group. A teacher (and parent) shows respect to a child by having realistically high expectations and expecting success without rescuing.

Reflective Language-

- "Right thing or wrong thing to do?"
- "Strong decision or weak moment decision?"
- "Feelings or thinking in charge?"
- "Am I trying to hurt you or help you?"
- "Are you running away from the problem or dealing with it?"
- "Being your own boss or asking me to be the boss?"

The sessions often involve a lot of talking, movement and laughter. Each new game requires students to face new challenges as an individual and together as part of a team. Each challenge incorporates our golden rules:

- Be brave – participate to progress
- Pursue your personal best no matter who you work with
- It takes great strength to be sensible
- Treat others as you would like them to treat you
- Have reasons for the things you say and do





Second Hand Uniform

Veronica and I accept and appreciate all second hand uniform donations. All funds raised support our school breakfast program. Your generosity allows all our children to have a healthy start to the day. Keep it coming!

Urgent-Clothing needed

Thank you to those parents for the donations of spare clothing. We regularly assist children with toileting accidents and we are desperate for girl's leggings in all sizes. We try hard to avoid asking parents to come down to change their child so any donations will help out enormously. Also, provide your child with a change of underwear in their bag.



Lost Property

This is a shout out for parents to collect lost property. We have a large stock pile of lost jumpers in the alcove (in the corridor near the staff room). Please drop by and go through them, if clothing is found around the school it eventually makes it way here. Thanks!

Grade 6 Graduation Fundraising

The Grade 5/6's will tempt everyone in the school with a number of special treats throughout the rest of the year. This week hot milos were for sale for \$1.00 and we would like to thank all the parents for supporting it. They will be running Monday Milo all this term.

Head lice Update

All families need to continue to be vigilant and screen their children's hair. Please notify the office or tell your child's teacher when you treat your child so lice alert notes can be sent home. I will book the Shire of Yarra Ranges School Nurse to screen all our students shortly. **Reminder any child found with live lice will be excluded from school until they are treated.**



Intervention Programs & Fast 4Word at Home

Students are thriving in their support programs. Many classrooms are using the Fast for Word program and many families have expressed an interest in their child accessing the program at home. Last year the feedback I had from many families was extremely positive, that parents were pleased to see their children's enthusiasm and they were motivated to do the activities. If you would like to know more about our intervention programs please talk to Michele or classroom teachers and myself about your child's progress at-

- LLI
- Quick Smart Literacy
- Quick Smart Numeracy



Playgroup Dates & Themes

7th August- Books (Eastern Library Story Time visit)

14th August-Pets

21st August-Circus

28th August-Father's Day

5th September-Superheros & Prep transition (last session for the term)

11th September School Production Matinee performance-The Jungle Book (all playgroup families welcome, please register your interest at Playgroup!)

Playgroup is on every Tuesday at 1:30pm in the Multi-purpose room. Please spread the word that Woori Wallabies Playgroup is open to anyone in the community. Don't forget to bring a piece of fruit! We welcome all parents and carers to be a part of our group and we appreciate parents helping us run the program.



Primary Welfare Officer
Andre Campbell

Chaplain's Chat

Recently I have been thinking about some of the relationships in my life and have reflected on the friendships that are 'easy' to encourage and those where I often leave feeling like I have gone through the 'wringer' and I am exhausted by the encounter. Relationships where much of the communication is centered on complaining and negativity, really saps your energy. On the contrary, being around people with positive attributes, be uplifting.

As sincere friends, we will always try and be supportive and helpful to those who are struggling with genuinely difficult situations. But even the best friendships can find it hard to withstand constant negativity from the friend whose glass is always half empty. If we want to bring a positive outlook to those around us, the best place to start is with ourselves.

A proven helpful exercise is to simply start with writing down three blessings that happen to you each day. Our brain cannot be negative and positive at the same time, so when we switch on our 'thankful' neurons, positivity flows. My encouragement to you is to try and be specific when writing down your positives. For example, instead of writing "I am thankful for my family," you may write, "I am thankful for my sister, Jennifer, who is always thoughtful and kind."

It is always easier for us to have a moan and complain about what isn't going well in our lives, but most of the time we can also search and find at least three positives, even if they are small, to help us see the sunshine in each and every day. I have heard it once said, "Clouds will come, but they too will pass, allowing you to once again see the sun."

To help us enjoy happy and content lives, may we all make efforts to count our blessings each and every day and to rewire our brain to see our glass half full and not half empty.

Blessings,

Veronica



MLMC Lilydale



BACK to the 80's

AUGUST 2-4

7:30 PM, CENTENNIAL HALL

ADULTS - \$17.00 | CHILD - \$12.00

FAMILY - \$44.00 | CONCESSION - \$14.00

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Offer ends midnight (AEDT) 09/08/18. Must use Zero or Rewards card to receive discount.

Yarra Ranges Council in partnership with
Eastern Health invite Parents, Carers and children

Parental Mental Health & Wellbeing: Parenting with Stress, Anxiety or Depression

**Strategies to support everyday
parenting and family well-being**

Thursday 26th July 10am-11am
Seville Community House
8 Railway Rd, Seville

FREE

Children welcome
and activities
provided

**Booking is essential as places are limited. For bookings and
further information please contact:**

Michelle Lehmann: Early Years Community Support officer
1300 368 333 or earlyyears@yarraranges.vic.gov.au



The Victorian FaPfM Program
Families where a Parent has a Mental Illness

Yarra Ranges Council in partnership with Mt Evelyn Primary School invite Parents, Carers and Early Years Professionals

Screen Time and Cyber Safety

Ensuring Online Safety For Young Children

Tuesday 21st August 2018
7pm - 8:30pm
Mt Evelyn Primary School
33 Monbulk Rd, Mt Evelyn



This session discusses safety for young children (208 years) using online apps and games, screen time and ways to use technology to support young children's learning. Presented by Daniel Donahoo from Project Synthesis. Daniel is the author books on children, family, media and technology "Idolising Children" and (co-author) "Ad-proofing Your Kids" and writes and blogs regularly on the topics of technology, children, education and families.

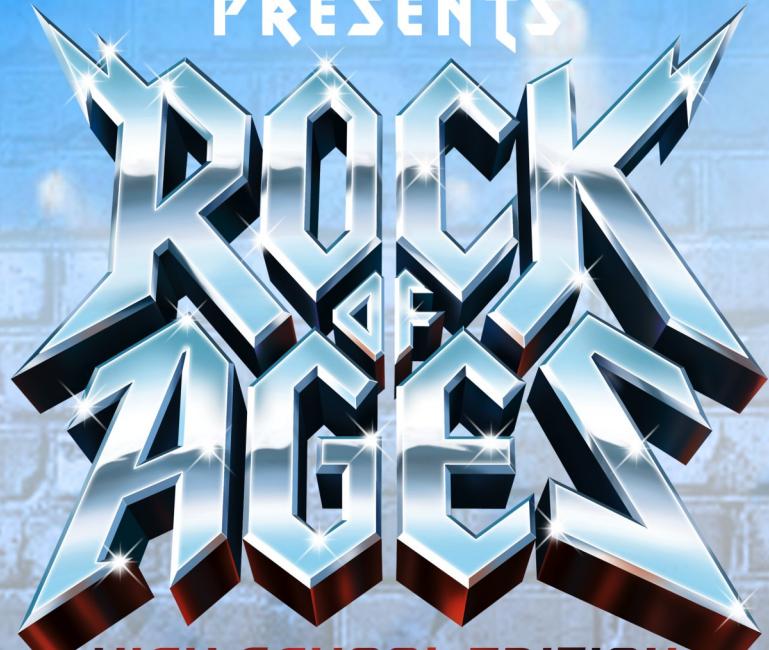


**Booking is essential as places are limited. For bookings
and further information please contact:**

Michelle Lehmann: Early Years Community Support Officer
1300 368 333 or earlyyears@yarraranges.vic.gov.au



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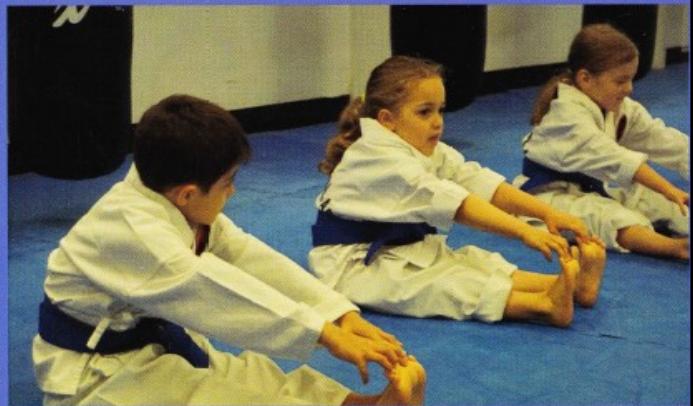
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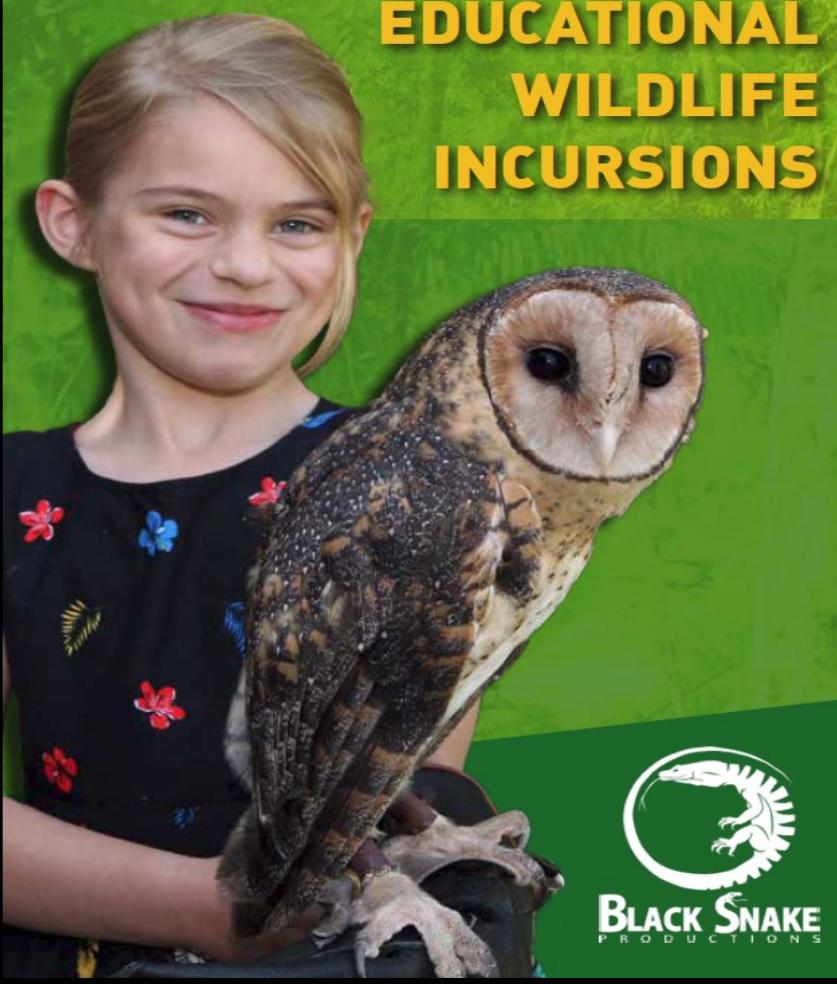
Teens Kickboxing Tuesdays@5.30

www.allstarsdefence.com.au



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Nikaboka Art Room

When: Tuesdays 1pm - 2:30
4pm - 5:30

What: non-technique based art play

Where: Old Don Road, Don Valley (in old kinder
next to Primary School)

What: an opportunity to play and create with a
range of art materials.

Who: all ages

Cost: \$30 per session (\$25 concession)

All materials and tea/coffee provided.

For more information call Michelle 0402 841 966
(VIT registered teacher and WWC)
Experienced Primary Art teacher and practising artist



Finding Me Being Free

An 8-week group for women who have experienced past or current issues of family violence/ abuse in their relationships.

Date: Wednesdays 25 July – 12 Sept 2018
Time: 9:30am – 12:30pm
Location: Montrose area, Yarra Ranges.
To be confirmed.
Cost: Free. Assistance with low cost child care is available.
Bookings essential.
Limited to 10 participants.

Learn about:
• Finding your strengths
• Managing power and control issues
• Finding equality in relationships
• Options to increase safety
• Effects of abuse on children and how supportive parenting helps
• Looking after yourself!

Parenting Anxious Children
Yarra Junction Primary School
Monday 13th August, 6.00 - 7.30pm

Does your child worry, feel anxious and seem stressed at times?
Would you like to gain a greater understanding of anxiety and learn some helpful strategies to support your child?

Learning to cope with anxiety, stress and fear, whilst a normal part of your child's development, can be deeply challenging not only for children but also for parents and the family unit as a whole.

This information session will cover:

- Understanding the role of anxiety and normal childhood development
- The signs and symptoms in your children
- Types of anxiety disorders
- What's helpful and not helpful
- Methods and strategies to support your children
- Relaxation techniques and tools, mindfulness, breathing etc.
- Where to go for more information/help

This is a free community event for all sponsored by BELL Real Estate

Fact sheets, practical exercises and brochures are also included.
Register your interest at Yarra Junction Primary School
59671544 or
yarra.junction.ps@edumail.vic.gov.au

by Monday 6th August 2018

ARCvic
Anxiety Recovery Centre Victoria

 FNB is supported by the Victorian Government.

For more information or to register your interest
please call Inspiro on 9738 8801.
www.inspiro.org.au



May 2018

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Thank you, Lani & Ellen

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SATURDAY	8AM-5PM	FRIDAY & SATURDAY	9AM-9PM
SUNDAY	9AM-5PM	SUNDAY	10AM-5PM

Catalogue on Sale Wednesday 1st August 2018 — Tuesday 7th August 2018

PHONE: 5964 7202

THIS WEEKS DEALS!



[VIEW DEALS >](#)

FREE DELIVERY MONDAY - FRIDAY

Orders must be in before 11.00 am to be delivered before 12 noon.

Min purchase \$40