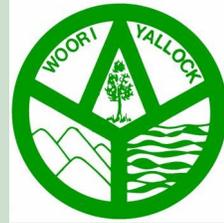


Woori Yallock Primary School  
Phone : 5964 7258 Fax: 5964 6101  
Email: [woori.yallock.ps@edumail.vic.gov.au](mailto:woori.yallock.ps@edumail.vic.gov.au)  
Web Site : [www.woorips.vic.edu.au](http://www.woorips.vic.edu.au)



# WYPS NEWS

18th July 2019

Dear Parents,

## WELCOME BACK

Welcome back everyone! I trust that everybody had some quality time with family and friends and kept warm! Term three is an exciting term for Woori Yallock P.S. as we head into production and poetry mode. This year's production is 'The Wizard of Oz'. Lots of students auditioned for parts and have already started to practice their lines, which is a wonderful part of production; student engagement and self-learning. We will be following the same format as last year. The first few scenes of the production will be totally run by the junior school, the rest of the production will be run by our middle and senior school. We are looking forward to putting on a great show that everyone will be proud of.

## STAFF CHANGES THIS TERM

This term we will be without Sandy Walter (German Teacher) who will be taking long service leave. She will be replaced with Zena Earsman for the term. We will also be without Clive McArthur (Chats program) for the rest of the year. Clive has decided to also take leave. He will be replaced by Dani Pejic. We wish both Sandy and Clive a happy break from the rigorous demands of teaching and welcome both Zena and Dani into our wonderful Woori community. I'm sure you will learn a lot while you are with us and I'm also sure you will have a great time with our students, staff and parents.

## TERM 2 STEP BOARD STARS

The following students are our steps board stars for Term 2. I congratulate them on having such a fantastic term and I look forward to meeting them for morning tea this week.

Prep A	Zara Fedat & Oscar Darwall
Prep B	Leyla Miller
Prep C	Amos Taylor & Rose Ottley
Prep D	Fletcher Brooks
1/2A	Milla Dare
1/2B	Ashlee Paterson
1/2C	Paige Bound
1/2D	Asher Crowley (School leader with 107 steps)
3/4A	Siobhan Theobald
3/4B	Jake O'Neil
3/4C	Lili Gentiluomo
3/4D	Jolene Bowers
5/6A	Jess Norris & Keira Riggins
5/6B	Joss Cant
5/6C	Mia Morton



## IMPORTANT DATES 2019

- Wednesday 24th July  
Prep Transition 2:10 - 3:00pm
- Friday 26th July  
Grades 1/2 Zoo Visit
- Monday 29th July  
Grades 5/6 Group 1  
Holocaust Museum visit
- Wednesday 31st July  
Grades 5/6 Round Robin
- Thursday 1st August  
Grades 5/6 Group 2  
Holocaust Museum Visit  
100th Day of School !



**IT'S NOT OK  
TO BE AWAY**

Continued .....

### SPECIAL LUNCH DAY

A big thank you to all the people that helped on our special lunch day last term. A big thank you again to Michelle Gaylard as the queen of special lunch order days. Michelle always does an incredible job and our kids all benefit from her hard volunteering work.

### THE WOORI ARCHI ART PRIZE

Congratulations to all our students for the magnificent art work that they produced for our open afternoon art show, special congratulations to our overall winner Cohan Verstraten for taking out this year's Woori Archi award. The hall looks fantastic with all the children's art work still on show. We hope to keep that work up for a little while just in case you have not had a chance to look at all the art work. A big thank you to Mr Mac for organising the "2019 Woori Archi".

Have a great week!

And remember when life gets a little difficult, escape to the wonderful world of a book! I did get to finish the 'Tattooist of Auschwitz' on the holidays, I would recommend as a fantastic read but it is set in such a disturbing time in human history, and does make you think how could something like that be possible?

Oliver Thockloth  
Principal



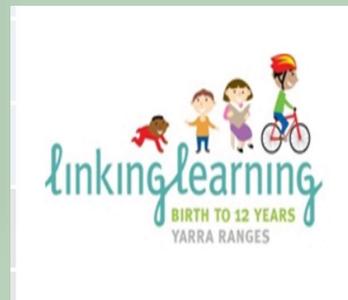
By Cohan Verstraten



### I Opened a Book

"I opened a *book* and in I strode.  
Now nobody can find me.  
I've left my chair, my house, my road,  
My town and my world behind me.  
I'm wearing the cloak, I've slipped on the ring,  
I've swallowed the magic potion.  
I've fought with a dragon, dined with a king  
And dived in a bottomless ocean.  
I opened a book and made some friends.  
I shared their tears and laughter  
And followed their road with its bumps and bends  
To the happily ever after.  
I finished my book and out I came.  
The cloak can no longer hide me.  
My chair and my house are just the same,  
But I have a *book* inside me."

— Julia Donaldson



# Chaplain's Chat

Welcome back to what promises to be another great term at WYPS. I would also like to welcome any new families and staff that are joining us and trust that your experience with our school community will be positive.

I think it can be fairly safe to say that most of us are faced with a constant array of stressors – job, traffic, bills, housework, meetings, finances, relationship hassles..... and the list goes on. By understanding our stress levels, it should help us keep the levels of stress in our lives, in check.

Cortisol is a stress hormone that is released by the adrenal glands (near your kidneys) during stressful situations. This then activates the 'fight, flight, freeze' response. The release of cortisol is essential to your ability to respond to stressful events. More than just a simple marker of stress levels, this hormone is also necessary for the functioning of many other body processes. However, too much cortisol in response to daily stress can affect your wellbeing, with serious health implications.

The following are some ways we can help lessen our daily stress. Don't try to totally overhaul your life in one go. Rather, choose one or two options that you can focus on straightaway.

- Recognize that you're stressed.
- Get organized – creating some calm can help to settle your mind.
- Eat more fruit and vegetables, a well balanced diet is essential.
- Get help – ask friends, family or paid help to lessen your load.
- Practice a relaxation technique that suits you – deep breathing, exercise, deep breathing, exercise, yoga or Pilates.
- Keep a journal of your feelings.

Be mindful of not using alcohol or smoking to deal with stress. And if you are aware of some of your triggers, where possible, try to avoid these.

Hope you find the above 'stress busters' helpful.

Blessings,

*Veronica*



# Preps @ Swimming



# Award Winners for 2019





# Community Events 2019

## **Term 2: Unpacking Anxiety**

Monday 20<sup>th</sup> May 2019 6:30-8:00pm

## **Term 3: Challenging Behaviour**

Monday 12<sup>th</sup> August 2019 6:30-8:00pm

## **Term 4: Social Skills**

Monday 19<sup>th</sup> November 2019 6:30-8:00pm

**Lisa Archer (Educational & Developmental Psychologist) & Toby Mizzi (Counselling Psychologist)**



**Tickets: \$10 Parents/Carers; \$20 Professional Learning**

**Call 5967 1438 to secure a place**

**Yarra Junction Primary School**

**2370 Warburton Hwy Yarra Junction**

LILYDALE HIGH SCHOOL  
2019 PRODUCTION OF  
**ELTON JOHN & TIM RICE'S**



# AIDA

THE TIMELESS LOVE STORY

© Disney

MUSIC BY **ELTON JOHN**      BOOK BY **LINDA WOOLVERTON**      LYRICS BY **TIM RICE**  
AND  
**ROBERT FALLS & DAVID HENRY HWANG**

**PRODUCTION**  
A 22ND 7PM LEON BISHOP  
23RD 7PM PERFORMING  
24TH 1:30PM ARTS CENTRE  
24TH 7PM THEATRE

TICKETS AVAILABLE

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ALL PERFORMANCE MATERIALS SUPPLIED BY MAJ. LEONARD AUSTRALIA.

# Free parent info session

## Sleep health for wellbeing and learning

Sleep Health Educator Sue Cranage presents take home tips and strategies for better sleep habits for children and parents.

Discover how sleep impacts learning, behaviour and daytime function.

Limited  
places

**Thursday, 25 July 2019**

- 3:30 - 5:15 pm: Fun activities for kids of all ages
- 4:00 - 5:15 pm: Parent info session
- 5:15 - 6:00 pm: Dinner

**Free  
dinner  
provided**

**Milwarra Primary School**

18-20 Cavanagh Rd

Milgrove

Registrations essential, please register at

**[yrc.vic.gov.au/sleephealth](http://yrc.vic.gov.au/sleephealth)**

For more info please contact

Elisa Stannard

0427 178 784





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Mt Evelyn, Chirnside Park and Woori Yallock

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\* Rated above the four major banks among home loan customers in Roy Morgan's Home Loan Customer Satisfaction Survey, December 2015. Terms, conditions, fees, charges and lending criteria apply. Full details available on application. Bendigo and Adelaide Bank Limited ABN 11 058 049 178 AFSL/Australian Credit Licence 237879. BENSOMP725 (503933-A4) (02/10)

[bendigobank.com.au/homeloans](http://bendigobank.com.au/homeloans)



Woori Yallock  
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**Community Bank<sup>®</sup>**  
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# Student Banking Every Wednesday

Please bring your Bendigo Bank passbooks to school on  
Wednesdays

Thank you, Nat, Libby & Ellen

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# WYPS Business Directory

Welcome to our WYPS business Directory that will appear at the end of each newsletter. It's a fantastic way to advertise your business and an opportunity for the school community to support each other. All you need to do is email an electronic copy of your business card or business advertisement (could be a special offer for WYPS families) to [woori.yallock.ps@edumail.vic.gov.au](mailto:woori.yallock.ps@edumail.vic.gov.au).

# FOODWORKS LICENSED GROCERS

WORKING FOR YOU SEVEN DAYS A WEEK

DRIVE THROUGH BOTTLE SHOP

MONDAY TO FRIDAY	7AM-7PM	MONDAY TO THURSDAY	9AM-7PM
SATURDAY	8AM-5PM	FRIDAY & SATURDAY	9AM-9PM
SUNDAY	9AM-5PM	SUNDAY	10AM-5PM

Catalogue on Sale Wednesday 17th July — Tuesday 23rd July 2019

PHONE: 5964 7202

Fresh Fruit and Vegetables

**FOODWORKS Supermarket**

**GET SCHOOL READY**

See pages 4 to 5

**1/2 PRICE**

**\$10.50** Pepsi or Schweppes Cans 24 Pack x 375ml Varieties \$1.17 per litre

**\$4.50** Sara Lee Ice Cream 1L \$0.45 per 100ml

**\$2.40** Cadbury Dairy Milk Chocolate Blocks 150-190g Selected Varieties

**\$3.15** Nescafe Coffee or Allens Hot Chocolate Sachets 10 Pack Selected Varieties \$0.32 each

**\$2.99** Lynx Antiperspirant or Body Spray 150/160ml Selected Varieties

**\$3.50** Field Fresh Strawberries 250g Punnet \$14.00 per kg

CATALOGUE ON SALE WED 17 JULY TO TUE 23 JULY 2019

FREE DELIVERY MONDAY - FRIDAY

Orders must be in before 11.00 am to be delivered before 12 noon.

Min purchase \$40